# Information For the User Etodolac (400mg) + Thiocolchicoside (4mg)

# **Edofoam TH Tablet**

Etodolac (400 mg) + Thiocolchicoside (4 mg) Tablet

#### **Composition:** Each tablet contains:

- Etodolac: 400 mg
- Thiocolchicoside: 4 mg

#### Pharmacological Class:

- Etodolac: Non-Steroidal Anti-Inflammatory Drug (NSAID)
- Thiocolchicoside: Muscle Relaxant (GABA-A receptor modulator)

#### **Indications:**

This combination is used for the treatment of conditions involving pain, inflammation, and muscle spasms, including:

- Acute musculoskeletal pain
- Low back pain
- Cervical spondylosis
- Lumbar spondylosis
- Post-traumatic muscle spasms
- Post-operative pain with associated muscle stiffness

# **Mechanism of Action:**

- Etodolac: Reduces pain and inflammation by inhibiting cyclooxygenase (COX-2), an enzyme involved in the synthesis of prostaglandins, which mediate inflammation and pain.
- Thiocolchicoside: Acts as a muscle relaxant by modulating GABA-A receptors, reducing muscle spasms without causing significant sedation.

# **Dosage and Administration:**

- Adults: 1 tablet twice daily, or as directed by the healthcare provider.
- Swallow the tablet whole with water, preferably after meals to reduce gastrointestinal discomfort.

# **Contraindications:**

- Hypersensitivity to Etodolac, Thiocolchicoside, or any other component of the tablet.
- Severe liver or kidney impairment.
- Active peptic ulcer or gastrointestinal bleeding.
- Pregnancy and breastfeeding (contraindicated, particularly Thiocolchicoside due to teratogenic effects).

Warnings and Precautions:

- Gastrointestinal Risk: Etodolac may cause stomach ulcers, bleeding, or perforation. Use with caution in patients with a history of gastrointestinal disorders.
- Renal Impairment: NSAIDs may impair kidney function; monitor renal parameters in at-risk patients.
- Cardiovascular Risk: Prolonged use of NSAIDs may increase the risk of cardiovascular events such as heart attack or stroke.
- Liver Impairment: Thiocolchicoside should be used cautiously in patients with liver dysfunction.
- Pregnancy and Breastfeeding: Contraindicated during pregnancy and lactation, as Thiocolchicoside has teratogenic potential.
- Sedation: Thiocolchicoside may cause mild dizziness or drowsiness; avoid driving or operating heavy machinery if affected.

#### Side Effects: Common side effects:

- Nausea
- Vomiting
- Stomach pain
- Dizziness
- Diarrhea

#### Serious side effects (rare):

Gastrointestinal bleeding or ulcers

- Allergic reactions (rash, itching, swelling)
- Liver toxicity
- Severe abdominal pain

#### **Drug Interactions:**

- Anticoagulants (e.g., warfarin): Increased risk of bleeding with Etodolac.
- Antihypertensives: NSAIDs may reduce the efficacy of antihypertensive drugs.
- Alcohol: Concomitant use may increase the risk of gastrointestinal bleeding.
- CNS Depressants: Combined use with Thiocolchicoside may enhance sedative effects.

#### Storage:

- Store below 25°C in a dry place, away from direct sunlight and moisture.
- Keep out of reach of children.

#### **Packaging:**

Available in blister packs containing 10 or 20 tablets.

#### Manufacturer:

• [Manufacturer Name]

#### Note:

Take this medication only as prescribed by a healthcare provider. If symptoms persist or worsen, or if severe side effects occur, seek medical attention immediately. Avoid alcohol and monitor for any signs of gastrointestinal distress during treatment

Manufactured in India for:



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